TAking the “DiS” out of DisabilItY

Suzanne Ferreira
Department Sport Science
University of Stellenbosch
My Journey
CREATING OPPORTUNITIES

• Challenging beliefs
• Accessibility
• Educating
• Adapt Ability
CHALLENGING BELIEFS

WHAT IS YOUR FIRST IMPRESSION?
Different Words
My Impressions...
Hope DVD

"Never giving up and pushing forward will unlock all the potential we are capable of."
Programmes, transport, work, social

- 7% vs 22%
- 40% vs 60%

Wheelchair users only…
Educating

WHAT IS YOUR GREATEST FEAR WHEN WORKING WITH PERSONS WITH DISABILITIES?

• GET INVOLVED
• ASK
• SHARE
Adapt Ability

- Put yourself into their shoes...
- Experience if possible
- Use the knowledge

- Think outside the box
- There is always a WAY…. Might be different but there is a WAY
Paralympic Highlights
Questions – Fanie & Dyan

• How do you see your disability?
• How did you get involve in disability sport?
• What is your greatest constraint that you have experience due to your disability?
• What does it mean to you to be able to compete in fair (disability sports) competition?
BEING DIFFERENT

Watching without sight,
Running without legs,
Conversing without voice,
Loving without prejudice,

Often it is belief that makes it happen…

What is the difference in being different.

Oh for a chance to share my dreams,
To hold my hand, to join happiness,
To play games, to taste the differences in life,
And not to be scorned or turned away…

What’s the difference in being different?